

# Ultimate care

## Supplement Facts

Servings Size 4 Tablets

Servings Per Container 60

<u>Amount per Serving</u>	<u>% Daily Value</u>
Vitamin A (3,750 IU as Retinyl Palmitate, 6,250 IU as Beta Carotene) 10,000 IU	200%
Vitamin C (as Ascorbic Acid) 1000 mg	1667%
Vitamin D2 (as Ergocalciferol) 200 IU	50%
Vitamin E (as d-alpha Tocopheryl Succinate) 250 IU	833%
Thiamin (as Thiamin HCl) 25 mg	1667%
Riboflavin 25 mg	1471%
Niacin (as Niacinamide) 37.5 mg	188%
Vitamin B6 (as Pyridoxal-5 Phosphate) 37.5 mg	1875%
Folic Acid 400 mcg	100%
Vitamin B12 (as Methylcobalamin) 150 mcg	2500%
Biotin 300 mcg	100%
Pantothenic Acid (as D-Calcium Pantothenate) 45 mg	450%
Calcium (as Ca Carbonate, Ca Citrate, Calcium d-Pantothenate) 400 mg	40%
Iron (as Fe Fumarate) 11.5 mg	64%
Iodine (from Kelp) 50 mcg	33%
Magnesium (as Mg Oxide & Mg Citrate) 200 mg	50%
Zinc (as Zn Gluconate) 11.5 mg	77%
Selenium (as Selenomethionine) 75 mcg	107%
Copper (as Cu Gluconate) 1 mg	50%
Manganese (as Mn Amino Acid Chelate) 5 mg	250%
Chromium (as Cr Polynicotinate) 150 mcg	125%
Molybdenum (as Na Molybdate) 50 mcg	67%
Potassium (as K Gluconate) 150 mg	4%
ORAC Blend 500 mg	*
A proprietary blend of Green Tea Extract Powder, Grape Seed Extract Powder, Apple Powder, Blueberry Powder, Broccoli Powder, Cranberry Powder, Kale Powder, Orange Powder, Prune Powder, Raspberry Powder, Spinach Powder, Strawberry Powder	
Soy Lecithin 175 mg	*

Citrus bioflavonoids 150 mg	*
N-Acetyl-L-Cysteine 75 mg	*
Inositol (from soy) 62.5 mg	*
Rutin 50 mg	*
Hesperidin 50 mg	*
Quercetin 50 mg	*
Trimethylglycine (as Betaine Anhydrous) 37.5 mg	*
DMG HCl 37.5 mg	*
Vanadyl Sulfate 37.5 mcg	*
Coenzyme Q10 25 mg	*
Choline (as Choline Bitartrate) 25 mg	*
Gamma Tocopherol 25 mg	*
Para-aminobenzoic Acid (PABA) 25 mg	*
Alpha Lipoic Acid 17.5 mg	*
Ginkgo Biloba Extract 12.5 mg	*
Yielding Ginkgo flavone glycosides 3 mg	
Phosphatidylcholine 12.5 mg	*
Amylase 12 mg	*
Bromelain 12 mg	*
Cellulase 12 mg	*
Lactase 12 mg	*
Lipase 12 mg	*
Papain 12 mg	*
Protease 12 mg	*
Silicon (from horsetail rush) 4 mg	*
Lutein 2.5 mg	*
Lycopene 2.5 mg	*
Boron (Boron Amino Acid Chelate) 1.5 mg	*
Zeaxanthin 0.5 mg	*
Bifidobacterium longum 5.0 billion CFU	*
Lactobacillus acidophilus 5.0 billion CFU	*
Lactobacillus casei 2.0 billion CFU	*
Lactobacillus rhamnosus 1.0 billion CFU	*

\*Daily Value not established.

**Other ingredients:** stearic acid, microcrystalline cellulose, vegetable stearate, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose, polyethylene glycol.

**Contains:** Soy.