

Total Care

Supplement Facts

Serving Size 1 Tablet / Servings Per Container 90

<u>Amount per Serving</u>	<u>% Daily Value</u>
Vitamin A (1,000 IU as Vitamin A acetate, 5,000 IU as beta carotene) 6000 IU	120%
Vitamin C (as Ca Ascorbate) 333 mg	555%
Vitamin D3 (as Cholecalciferol) 133 IU	33%
Vitamin E (as d-alpha Tocopheryl Succinate) 133 IU	443%
Thiamin (as Thiamin HCl) 20 mg	1333%
Riboflavin 20 mg	1176%
Niacin (as Niacinamide) 20 mg	100%
Vitamin B6 (as Pyridoxine HCl) 20 mg	1000%
Folic Acid 133 mcg	33%
Vitamin B12 (as Cyanocobalamin) 20 mcg	333%
Biotin 100 mcg	33%
Pantothenic Acid (as Ca Pantothenate) 20 mg	200%
Calcium (as Dicalcium Phosphate, Ca Ascorbate & Ca Pantothenate) 83.33 mg	8%
Iron (as Fe Aspartate, Fe Glycinate & Fe Fumarate) 3.3 mg	18%
Phosphorus (as Dicalcium Phosphate) 33.33 mg	3%
Iodine (from Kelp) 25 mcg	17%
Magnesium (as Mg Oxide) 33 mg	8%
Zinc (as Zn Gluconate) 5 mg	33%
Selenium (as Se Amino Acid Chelate) 10 mcg	14%
Copper (as Cu Gluconate) 0.017 mg	1%
Manganese (as Mn Gluconate) 1.7 mg	85%
Chromium (as Cr Polynicotinate)† 10 mcg	8%
Molybdenum (as Mo Amino Acid Chelate) 10 mcg	13%
Potassium (as K Proteinate) 17 mg	<1%
Boron (as B Amino Acid Chelate) 0.33 mg	*
RNA (Ribonucleic Acid) 20 mg	*
Soy Lecithin 66.66 mg	*
Choline (as Choline Bitartrate) 20 mg	*
Inositol 20 mg	*
PABA (Para-aminobenzoic Acid) 20 mg	*
Citrus Bioflavonoids 100 mg	*
Hesperidin 40 mg	*
Pectin 16.66 mg	*

*Daily Value not established. †ChromeMate® brand niacin-bound chromium.

Other ingredients: cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silicon dioxide, pharmaceutical glaze.

Contains: Soy.