

Senior's Superior

Supplement Facts

Serving Size 3 Tablets / Servings Per Container 60

<u>Amount per Serving</u>	<u>% Daily Value</u>
Vitamin A (2,000 IU as Palmitate & 7,500 IU as Beta carotene) 9,500 IU	190%
Vitamin C (as Ascorbic Acid and Ca Ascorbate) 300 mg	500%
Vitamin D3 (as Cholecalciferol) 200 IU	50%
Vitamin E (as d-alpha Tocopheryl Succinate) 200 IU	667%
Vitamin K1 (as Phytonadione) 2.5 mcg	3%
Thiamin 25 mg	1667%
Riboflavin 25 mg	1471%
Niacin (as Niacinamide & Niacin) 25 mg	125%
Vitamin B6 (as Pyridoxine HCl 90%, P-5-P 10%) 25 mg	1250%
Folic Acid 200 mcg	50%
Vitamin B12 (as Methylcobalamin) 25 mcg	417%
Biotin 150 mcg	50%
Pantothenic Acid (as Ca Pantothenate) 25 mg	250%
Calcium (as Ca Citrate) 300 mg	30%
Iodine (from Kelp) 35 mcg	23%
Magnesium (as Mg Carbonate) 150 mg	38%
Zinc (as Zn Gluconate) 10 mg	67%
Selenium (as Se AAC) 25 mcg	36%
Copper (as Cu AAC) 0.025 mg	1%
Manganese (as Mn Gluconate) 2.5 mg	125%
Chromium (as Cr Polynicotinate)† 25 mcg	21%
Molybdenum (as Mo AAC) 25 mcg	33%
Potassium (as K Citrate) 25 mg	1%
Boron (as B AAC) 0.5 mg	*
Silicon (from Horsetail Rush) 3 mg	*
Vanadium (as V AAC) 10 mcg	*
Choline (as Choline Bitartrate) 50 mg	*
Inositol 25 mg	*
PABA (Para-aminobenzoic Acid) 25 mg	*
L-Cysteine (enteric coated) 25 mg	*
Glutamic Acid 25 mg	*
DL-Methionine (enteric coated) 25 mg	*
L-Aspartic Acid 50 mg	*
Phosphatidylserine 12.5 mg	*

Octacosanol 500 mcg	*
Soy Lecithin 50 mg	*
Gamma Linolenic Acid 2.5 mg	*
Alpha Lipoic Acid 15 mg	*
Coenzyme Q10 5 mg	*
Lycopene 2.5 mg	*
Bioperine® 2.5 mg	*
Ginkgo Biloba 5 mg	*
Lutein 1.5 mg	*
Bilberry Extract (4:1) 20 mg	*
RNA (Ribonucleic Acid) 5 mg	*
Mixed Citrus Bioflavonoids 100 mg	*
Hesperidin 12.5 mg	*
Rutin 12.5 mg	*
Pectin 12.5 mg	*
Betaine HCl 15 mg	*
Bromelain 2 mg	*
Papain 2 mg	*
A proprietary blend of vegetarian enzymes (amylase, protease, lipase, hemicellulase, and lactase) 10 mg	*

*Daily Value not established.

†ChromeMate® brand niacin-bound chromium.

Other ingredients: stearic acid, cellulose, silicon dioxide, pharmaceutical glaze

Contains: Soy